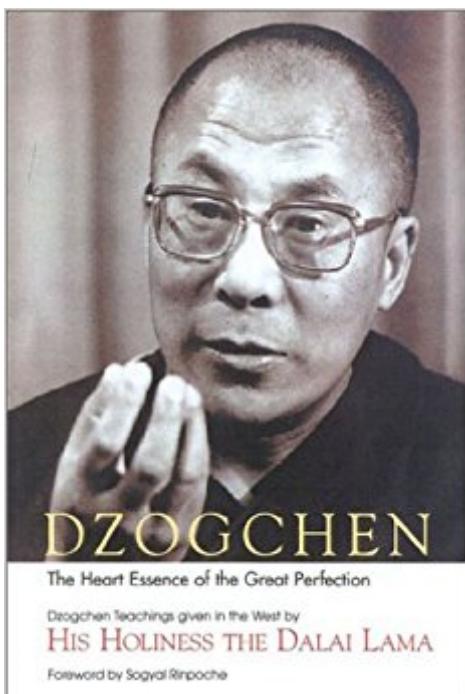


The book was found

# Dzogchen: The Heart Essence Of The Great Perfection



## **Synopsis**

Exploring this esoteric subject in print for the first time, His Holiness offers the reader an unprecedented glimpse into one of Buddhism's most profound systems of meditation.

## **Book Information**

Hardcover: 272 pages

Publisher: Snow Lion Publications (March 13, 2001)

Language: English

ISBN-10: 155939157X

ISBN-13: 978-1559391573

Product Dimensions: 6.4 x 1 x 9.2 inches

Shipping Weight: 1.3 pounds

Average Customer Review: 4.5 out of 5 stars 25 customer reviews

Best Sellers Rank: #1,014,025 in Books (See Top 100 in Books) #130 in Books > Politics & Social Sciences > Philosophy > Eastern > Buddhism > Dalai Lama #1090 in Books > Politics & Social Sciences > Philosophy > Eastern > Buddhism > Tibetan #195115 in Books > Religion & Spirituality

## **Customer Reviews**

Like all wisdom traditions, Buddhism trades on the transmission of doctrines and approaches from one generation to the next. Tibetan Buddhism also places great value on the teachings' human lineage. Dzogchen, literally "great perfection," is the primary teaching of the Nyingmapa school of Tibetan Buddhism, and was brought to Tibet in the eighth century by Padmasambhava, who is venerated as the "second Buddha." His powerful gift is transmitted through this collection of addresses given from 1982-1989 by the 14th Dalai Lama. As Sogyal Rinpoche (The Tibetan Book of Living and Dying) puts it in his foreword, "To receive such teachings from His Holiness is... something quite extraordinary." For advanced students of Tibetan Buddhism this is a significant gift indeed, for it rings not only as an offering from the tradition's greatest living teacher, but also echoes with the compassionate authority of a purity kept clear by Tibet's 2,000-plus-year-old history. Beginners will be challenged, if not defeated, by the complex system here, but most readers can find joy and wisdom in the two brief addresses in the appendix. Here Nyoshul Khenpo Jamyang Dorje and the Dalai Lama speak softly yet powerfully to people of this brash, busy, chaotic world if we will but pause to listen. Copyright 2001 Cahners Business Information, Inc.

"His Holiness the Dalai Lama brings to his explanation of Dzogchen a perspective and breadth which are unique. To receive such teachings from His Holiness is, I feel, something quite extraordinary."â "Sogyal Rinpoche, author of The Tibetan Book of Living and Dying "For our time, His Holiness the Dalai Lama embodies the completely pure essence of the Buddha's wisdom and limitless compassion for all beings. His knowledge of the teachings of the four major schools of Tibetan Buddhism in general and the Dzogchen teachings in particular is impeccable. His deep understanding and generosity of spirit make him an unerring and reliable guide through the subtleties of the profound vehicle of Tibetan Buddhist practice known as Dzogchen. Students are fortunate to have access to this collection of rare teachingsâ "the most direct teachings available on mind's true natureâ "and through them to meet such an extraordinary teacher."â "The Dzogchen Ponlop Rinpoche "For unsurpassed, highest, perfect scholarship, Dzogchen comes as near as language permits us to discussing the ineffable."â "Bloomsbury Review "In this beautifully translated and edited volume, His Holiness, foremost proponent of the Ri-me movement in contemporary Buddhism, displays his enormous erudition, profound insight, and inexhaustible good humor in illuminating the profound theory and practice of Dzogchen. This work is a genuine treasure for scholars and contemplatives alike."â "B. Alan Wallace "H.H. the Dalai Lama, Buddhist leader and world peacemaker, sets forth herein perfectly clear instructions for the attainment of buddha mind and the heart essence of dzogchen. Studying, contemplating, and meditating on these teachings will reveal the true meaning of precious human life. This book is a beacon for the new millennium!"â "Khenpo Palden Sherab Rinpoche and Khenpo Tsewang Dongyal Rinpoche "What greater treasure than this volume hosting four separate teachings on Dzogchen, given by the Dalai Lama to Western students?"â "Sangha Journal "He offers here not only luminous insight into the heart of spiritual practice but also practical advice on how to bring such teachings into daily life. His humor adds a warm grace note throughout. Clear, easy to understand, . . . a perfect book for our times."â "Tricycle "This is a book of uncommon richness and a remarkable testimony to His Holiness's learning insight and many-sided genius."â "Branches of Light, the semiannual review journal of Banyen Books "A brilliant explanation of Dzogchen, presented with a unique perspective and breadth."â "Mandala: A Tibetan Buddhist Journal --This text refers to the Paperback edition.

Read about 10 years ago, now again. Excellent, technical; recommend a less technical and consistent (this is a collection of presentations over-time and locale, much over-lap and no progression in thought discernible) for beginners to Dzogchen.

These talks form probably the best comparative analysis of the Dzogchen lineage and related Tibetan traditional schools addressed to our contemporaries. For those interested in the Heart Essence of the Great Perfection, this work of HH Tenzing Gyatso will remain a basic manual to enhance deepening practice.

Very pleased

The book will gently introduce you to profound teaching of ancient tradition of vajrayana Buddhism, and leave profound impact on your mind continuum.

very inciteful

HH Dalai Lama presents a clear discussion of Dzogchen, but it would have been best to be in the audience at the talks. My teacher, a contemporary of HH, always said people who abandon their regular practice to go straight to Dzogchen were like someone trying to get to the roof of his house without a ladder.

As I read through the pages of this book, what transpired was an overwhelming sense of spiritual peace and tranquility.

In depth and scholarly by an expert who knows and experiences the subject

[Download to continue reading...](#)

Dzogchen: Heart Essence of the Great Perfection Dzogchen: The Heart Essence of the Great Perfection The Fearless Lion's Roar: Profound Instructions on Dzogchen, the Great Perfection Entering the Way of the Great Vehicle: Dzogchen as the Culmination of the Mahayana The Essence of the Heart Sutra: The Dalai Lama's Heart of Wisdom Teachings Essence of the Heart Sutra: The Dalai Lama's Heart of Wisdom Teachings The Nature of Mind: The Dzogchen Instructions of Aro Yeshe Jungne The Six Lamps: Secret Dzogchen Instructions of the Bâfâin Tradition Nati the Great Collected Stories: Volume 1: Nati the Great; Nati the Great Goes Undercover; Nati the Great and the Halloween Hunt; Nati the Great and the Monster Mess Lazy Perfection: The Art of Looking Great Without Really Trying Mind in Comfort and Ease: The Vision of Enlightenment in the Great Perfection The Gods and the Demons Are Not Two: A Tantra of the Great Perfection The Vajra Essence (Dudjom Lingpa's Visions of the Great Per Book 3) The Essence of Christianity

(Great Books in Philosophy) REVERSE HEART DISEASE - HEART ATTACK CURE & STROKE CURE - LOWER HIGH BLOOD PRESSURE TO NORMAL & RESTORE YOUTHFUL CARDIAC HEALTH WITH NO SURGERY OR DRUGS ... Pressure Cure, The End Of Heart Disease) The South Beach Heart Health Revolution: Cardiac Prevention That Can Reverse Heart Disease and Stop Heart Attacks and Strokes (The South Beach Diet) Mudras for a Strong Heart: 21 Simple Hand Gestures for Preventing, Curing & Reversing Heart Disease: [ A Holistic Approach to Preventing & Curing Heart Disease ] (Mudra Healing Book 8) The Patient's Guide To Heart Valve Surgery (Heart Valve Replacement And Heart Valve Repair) The Cardiac Recovery Cookbook: Heart Healthy Recipes for Life After Heart Attack or Heart Surgery Great Writing 1: Great Sentences for Great Paragraphs (Great Writing, New Edition)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)